



MALTA

HUNTING SAFETY

INSTRUCTION MANUAL

MALTA HUNTING SAFETY INSTRUCTIONS AND SAFE-USE MANUAL

These instructions apply to the following models:

MALTA ELITE AND ULTRALIGHT HARNESSSES LINEMAN'S CLIMBING STRAP SUSPENSION RELIEF / DEER DRAG TREE STRAP

TRUETIMBER® KANATI

HE2200 - S-M HE2100 - S-M
HE2201 - L-XL HE2101 - L-XL
HE2202 - 2XL HE2102 - 2XL
HE2203 - 3XL HE2103 - 3XL
 HE2104 - YOUTH

TRUETIMBER® STRATA

HE3200 - S-M HE3100 - S-M
HE3201 - L-XL HE3101 - L-XL
HE3202 - 2XL HE3102 - 2XL
HE3203 - 3XL HE3103 - 3XL
 HE3104 - YOUTH

BLACK

HE1200 - S-M HE1201 - L-XL
HE1202 - 2XL HE1203 - 3XL

FOREST GREEN

HE4100 - S-M HE4101 - L-XL
HE4102 - 2XL HE4103 - 3XL
 HE4104 - YOUTH

300 LB MAXIMUM CAPACITY RATING



WARNING

Read, watch, understand, and follow all written and video instructions prior to using any part of this product. Failure to read, watch, understand, and follow this information could result in not being able to return to the stand and being suspended in the harness after a fall, which can cause serious injury or death.

Call us at 1-800-494-1840 and speak to a qualified company representative before using your harness if any portion of this package appears broken or tampered with, or if there is anything about these products or instructions you do not understand.

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SAFETY VIDEO

**SCAN THE QR CODE BELOW TO
WATCH THE INSTRUCTIONAL
VIDEO. IT IS REQUIRED TO WATCH
THE FULL VIDEO BEFORE USING
THE PRODUCT.**



YOUR MALTA HUNTING SAFETY HARNESS KIT

This Malta Hunting Safety harness contains the following items: Instructions, an instructional video, a 2-inch wide Tree Strap, a 1-inch wide suspension relief strap that can double as a deer drag, a 2-inch wide lineman's climbing belt, and a harness. Although every component has been examined for quality compliance by the Manufacturer, all components must be examined by the user before each use to ensure there is no damage, wearing, etc. Call 1-800-494-1840 and speak to a manufacturer's representative before using this harness if any of the above contents are missing or if you have any questions about the safe use of this harness.





WARNING

Anytime ladder sticks, steps, other climbing aids, or treestands are being installed or removed, you MUST use a Lineman's Climbing Strap with this harness according to all climbing strap and harness instructions.

ADJUSTING YOUR HARNESS

Put the harness on and securely fasten the waist buckle together. Listen for a secure, complete snap that indicates it is locked in place. Grab each side of the buckle and pull sharply to ensure it's locked and secure. Examine the buckle to ensure it is properly locked and secured.

Locate the adjustable slide bar attached to the waist strap. This adjustment slide bar is attached to the webbing that connects to the waist buckle found in the middle of your torso. (Figure 1)

Move the adjustable slide bar forward or back to adjust the vest comfortably snug to your body. The harness will adjust to accommodate both light and heavy clothing. Large adjustments are more easily made while not wearing the safety system. To make a large adjustment, place the harness on a flat surface, locate the adjustable slide bar, and move it as needed. Make sure all straps are repositioned in place and not twisted after making any adjustments. This can usually be accomplished by picking the harness up by the waist buckle and shaking the harness.

Release each leg strap buckle, bring them between your legs, and securely snap them in place, securing the left strap to the left leg buckle and the right strap to the right leg buckle. Listen for a secure and complete snap indicating they are locked in place. Grab both sides of each buckle and pull sharply to ensure they are locked and secure, with no clothing caught in the buckle.

Adjust each leg strap length, making the webbing comfortably snug to the leg.

ATTACHING HARNESS TO THE TREE

Wrap the Tree Strap around the tree and bring the loose end through the loop located at the end of the harness tether. (The tether is the strap that extends off the rear of the harness neckline.) Properly weave the Tree Strap's webbing and buckle as follows: With the bent "sides" up, thread the Tree Strap end from the back side between the sewn portion of the Tree Strap (1) and the knurled slide bar. Bring the Tree Strap over the knurled slide bar (2) and insert the Tree Strap between the knurled slide bar and the end of the buckle (3). (Figure 2) Pull tight to the tree and test attachment by pulling sharply on the tether and Tree Strap connection, ensuring it's secured tight to the tree. After securing, there must be at least 8 inches of slack webbing beyond the buckle.

While in a standing position on the stand platform, position the Tree Strap and tether at or above head level and tighten. There should be no slack in the tether between the tree connection and the hunter while they are in a sitting position. (The tether is the one strap that extends out from the neckline of the vest/harness). If slack is present, raise the Tree Strap until there is no slack. (Figure 3)



WARNING

The Tree Strap and Suspension Relief Strap must NEVER be attached to the Tether or Suspension Relief Loop when being transported.



WARNING

You must ALWAYS keep the Suspension Relief Strap in an easily accessible location should a fall occur.

USING THE SUSPENSION RELIEF STRAP

A one-inch strap is provided with your harness to be used ONLY as a suspension relief strap or deer drag aid. This suspension relief strap MUST be on your person and easily accessible while using the harness. NEVER use this or the loop located at the rear/bottom of the harness as a means of securing the harness to the tree.

Practice at least one self-recovery method while near ground level and in the presence of a responsible adult. An example of this use can be seen in Figure 4.

If you fall and must hang for extended periods of time while waiting for help to arrive, the suspension relief strap can be used to relieve suspension trauma to the body. While hanging, take the strap from your pocket (keep this strap with you and easily accessible at all times) and attach the metal clip to the loop found at the rear bottom portion of the harness. This loop can be seen in Figure 6. Adjust the strap to a length that will allow you to step up onto it and stand, thus relieving pressure on your body caused by hanging. (Figure 4)

You should never hunt without the suspension relief strap in an easily accessible pocket. However, if you drop or lose it, move your legs often while hanging to maintain good blood flow. In addition to the suspension relief strap, always carry a screw-in step in an easily accessible pocket that can be screwed into the tree and stepped onto to relieve suspension trauma.

Always keep an emergency signal device such as a whistle, a small air horn, and a cell phone or personal locator beacon in an accessible pocket at all times so that you can contact someone for help.



WARNING

In the event of a fall, do not panic. Put your practiced self recovery plan into action (suspension relief, self recovery).

USING THE SUSPENSION RELIEF STRAP (cont.)

Note: Several optional products/systems are available that offer self-recovery or self-extraction from a fall when suspended in a harness. Some systems automatically descend the user, while others allow control. One of these products/systems can be considered for use as an additional safety precaution against prolonged suspension and suspension trauma. Be sure to follow the manufacturers' directions on the safe use of these products/systems.

To use the suspension relief strap as a deer drag, place the adjustable loop over the antlers or neck of the harvested animal and connect the clip to the loop located at the rear/bottom of the harness.



WARNING

NEVER drag an animal or weight that may cause injury to your back, legs, bones or muscles. If you are presently or have ever experienced problems with these, DO NOT use the Harness and Deer Drag Strap to drag anything!

USE WITH VARIOUS TREESTAND STYLES

When using a climbing treestand, be sure to follow the treestand manufacturer's instructions and warnings with regard to proper usage. Make sure you attach your harness tether and Tree Strap securely to the tree while at ground level and advance the Tree Strap up or down as you ascend or descend, staying connected to the tree at all times. Always keep the attachment as high as possible. Test your tree attachment by pulling on the tether with each advancement to make certain it is tight.

If using a ladder stand, make sure you comply with the manufacturer's instructions and warnings. Once the ladder stand is erected and you have gained access to the platform, it is critical that you attach your Tree Strap and tether to the tree before engaging in further activities. In order to regain access to the platform in the event of a fall, it is critical that the Tree Strap is connected so there is no slack in the tether when in the sitting position. (Figure 3).

USE WITH VARIOUS TREESTAND STYLES (cont.)

Important! The manufacturer strongly recommends the use of a Lifeline when using a ladder stand to stay attached to the tree from the moment you leave the ground to the moment you return. When using a hang-on-style treestand, be sure to follow the treestand manufacturer's instructions and warnings with regard to proper usage. When ascending to an existing hang-on style treestand, you must stay attached to the tree from the moment you leave the ground until you return. This must be accomplished with an optional Lifeline or Lineman's Climbing Strap and the provided Tree Strap with tether connection staying doubly attached. Upon reaching the stand, connect the Tree Strap and tether above the stand, disconnect the Lineman's Climbing Strap, and reconnect it above the stand. Remain doubly attached when stepping down into the center of the stand. Once secured in the stand, you can remove the Lineman's Climbing Strap.



WARNING

When using the optional Lifeline or Lineman's Climbing Strap, you must follow all Lifeline, Lineman's Climbing Strap, and Harness instructions.



WARNING

Anytime the Harness Tether is not attached to the tree as per the Malta Lineman's Climbing Strap instructions, the Harness when used with the Lineman's Climbing Strap, should be considered a climbing aid only and NOT a fall restraint device. You must ONLY use an optional Malta Lineman's Climbing Strap with this Harness!

OVERALL SAFETY USE INSTRUCTIONS AND SAFE HUNTING PRACTICES

Prior to using the harness, make sure you read, understand, and follow all safe-use instructions, warnings, and the product expiration date. Watch the enclosed instructional video. If there are any questions concerning the proper usage of this product or anything you do not understand in the written or video safe-use instructions, call 1-800-494-1840 and speak to a manufacturer's representative BEFORE using it.

When hunting from an elevated position, falls can occur any time after leaving the ground, causing injury or death. ALWAYS wear your harness and use any additional Malta accessory, such as a Lifeline or Lineman's Climbing Strap, to stay connected to the tree from the moment you leave the ground until you return to the ground. If you cannot wear your full-body harness for any reason, you MUST hunt from the ground.

Keep the provided safe use instructions with you at all times while hunting aloft for reference. Refer to the safe use instructions annually or anytime you are not certain about using your harness. If there is anything you are not certain about, call 1-800-494-1840 and speak to a manufacturer's representative before using your harness. Also, you must give the complete safe use and instructional material to anyone to whom you loan or sell your Malta Hunting Safety harness.

Please familiarize yourself with the harness and all its adjustments while at ground level. Also, while slightly above ground level and in the presence of a responsible adult, practice using your harness to experience the feeling of hanging suspended before using in a hunting environment. (Figure 4)

When using a treestand, always wear a fall arrest system (FAS) comprising a full body harness at all times after leaving the ground. You must stay connected at all times after leaving the ground while using climbing and hang-on treestands. Single safety belts and chest harnesses are no longer allowed and should never be used. When using a tree stand, if you are not wearing a full-body harness properly attached to the tree that is protecting you from a fall, do not leave the ground.

OVERALL SAFETY USE INSTRUCTIONS AND SAFE HUNTING PRACTICES (cont.)



WARNING

NEVER exceed the total weight limit (yourself and gear) specified for the particular model harness you are using.

The harness/fall arrest system is designed to arrest a single fall only. If you experience a fall while wearing this product, return it to the manufacturer for replacement. To replace your harness in the event of a fall, call 1-800-494-1840. (A nominal fee will apply.)



WARNING

DO NOT use this product or hunt from an elevated platform while using drugs of any type without approval from your physician or after the consumption of any amount of alcohol. These items can impair your balance, judgment, and ability to hunt safely from an elevated position.

DO NOT modify, repair, alter, sew, or cut this product in any way. Doing so may cause serious injury or death.

DO NOT use this product or hunt from an elevated platform unless you are well rested and alert or if you have in the past or are presently experiencing any back or heart problems or medical conditions that could cause a problem while above ground level. You MUST be able to recover to the treestand's platform or ground in the event of a fall.

Never hunt from an elevated position during inclement weather such as rain, lightning, high wind, or icy conditions. Always end the hunt and return to the ground immediately if inclement weather conditions arise.

OVERALL SAFETY USE INSTRUCTIONS AND SAFE HUNTING PRACTICES (cont.)

Anytime you are ascending, descending, or hunting from an elevated platform, make sure that you are secured to the tree the moment you leave the ground until the moment you return to the ground. This should be accomplished with the use of one or more of the following: The optional Lineman's Climbing Strap and Tree Strap combination (to stay doubly attached to the tree), or the optional Lifeline.

Always use the optional Malta Lineman's Climbing Strap and Tree Strap according to the manufacturer's instructions when hanging a fixed position, hang-on style treestand.

When hanging or removing climbing aids or treestands, the Lineman's Climbing Strap must always be used in conjunction with the Tree Strap and tether provided with the Malta harness. To maximize safety, always attach the harness tether and Tree Strap to the tree along with the optional Lineman's Climbing Strap, staying doubly attached while climbing, hanging, or securing a treestand, ladder stick or other accessories to/from the tree.

Always maintain 3-point contact when climbing up or down a tree using climbing aids. Proper 3-point contact means having either two feet with one hand or one foot with two hands on the steps of your climbing aid at all times when climbing up/down or in and out of the treestand.

When moving to gain access into the treestand with the optional Lineman's Climbing Strap and Tree Strap still attached to the tree, remove and re-attach the Tree Strap to the tree at a point located above the treestand before disconnecting the Lineman's Climbing Strap. Once securely attached to the tree by the tether, remove the Lineman's Climbing Strap and climb above the base of the treestand. Reattach the Lineman's Climbing Strap to the tree and stay doubly attached to the tree while stepping down into the center of the treestand. Remain doubly attached until you are secure in the stand. Then remove the Lineman's Climbing Strap.

The Malta harness is only considered a fall restraint device when all waist and leg buckles are closed securely and adjusted comfortably snug in place around the

OVERALL SAFETY USE INSTRUCTIONS AND SAFE HUNTING PRACTICES (cont.)

body, and the harness is attached firmly to the tree by the tether according to the manufacturer's instructions.

Leg straps & buckles must be correctly adjusted and in the proper position between your legs (left strap/left leg, right strap/right leg), and the waist buckle must be locked closed (and checked by pulling sharply on it) from the time you leave the ground until you return to the ground.



WARNING

The Suspension Relief/Deer Drag Loop located on the lower rear portion of the harness is to be used as a deer drag or suspension relief only. This should never be used to attach or secure yourself to the tree.

Inspect belts, buckles, and tree straps before each use. Do not use this harness if any of these components is not working correctly, is damaged, or shows signs of wear.

If you have purchased this harness in a sealed package with all instructions, warnings, and items listed in this instructional booklet, the harness must be removed from service five years from the date of purchase. (Be sure to keep your proof of purchase) If you have purchased or obtained this harness as a previously used harness or lose your proof of purchase, it must be removed from service five years from the date of manufacture. This date is printed on the tether label.

Prepare and practice a rescue and recovery plan should a fall occur. Plan ahead on how you will recover and return to the stand platform or ground in the event of a fall. If a fall occurs, do not panic. Remain calm and implement your practiced rescue, relief, and recovery plan. Always carry a folding screw-in tree step and

OVERALL SAFETY USE INSTRUCTIONS AND SAFE HUNTING PRACTICES (cont.)

Prepare and practice a rescue, recovery plan should a fall occur. Plan ahead on how you will recover and return to the stand platform or ground in the event of a fall. If a fall occurs, do not panic. Remain calm and implement your practiced rescue, relief and recovery plan. Always carry a folding screw-in tree step and emergency whistle, two-way radio, or cell phone in an accessible pocket of your vest for self rescue use in the event of a fall. Hanging or suspension for long periods of time can cause discomfort, serious injury, or death! Always keep the suspension relief/deer drag strap in an easily accessible pocket for use in the event of a fall.

Always inform someone of your hunting location and when to expect your return. Always carry a cell phone or personal locator beacon in case you need help.

Always hunt from the ground when self-recovery/escape ability is absent.

Never climb up/down or hunt at heights at which you are not completely comfortable.

Never connect your harness to any part of the treestand, climbing aids, or tree limbs.

Never use your harness to lean out from the treestand for any reason including trimming branches or shooting.

NEVER climb a dead, dying, leaning, icy, wet, or loose barked tree. If in doubt as to the condition of the tree, DO NOT CLIMB IT! Never rely on a tree branch for support. Never climb or hunt from a utility pole.

User must be 16-years old or older and be physically and mentally able to use the harness without adult supervision and assistance in adjustments, attachments to the tree, and all other safety concerns relating to the Malta harness. User must be physically and mentally able to recover after a fall has occurred.

Youths or minors under 16 years of age must be instructed prior to each use and

OVERALL SAFETY USE INSTRUCTIONS AND SAFE HUNTING PRACTICES (cont.)

supervised during use on all safety aspects of use by a responsible adult.

Any person under 16 years of age wearing a Malta harness MUST be accompanied by a supervising adult at all times. This is especially true while positioned in a treestand or any platform located above ground level, while ascending to the treestand or descending from it. Let's protect our youth!



**Never wrap the harness tether around or across your neck
or under your arms.**

Failure to follow harness instructions could result in not being able to return to the stand and being suspended in a harness after a fall. If the hunting location is unknown by anyone and communication efforts are unsuccessful, you must have a personal plan for recovery/escape because prolonged suspension in a harness can be fatal. It is important to exercise the legs by pushing against the tree or doing other forms of continuous leg exercises to avoid blood pooling while being suspended. Hunters with varying degrees of physical fitness may require different plans to recover/escape the effects of prolonged suspension. Have a personal plan and practice it in the presence of a responsible adult before leaving the ground. No one escape/rescue plan will work for every hunter on every tree in every circumstance. Only you can determine the best recovery/escape plan for your hunting situation, and you must have a recovery/escape plan for your situation before leaving the ground.

A suspension relief device must be on your person and readily accessible while using a harness. These devices allow the user to relieve the load on the lower extremities if suspended in a harness and help maintain circulation in the legs, mitigate suspension trauma (blood pooling) or allow descent to the ground. Be sure to follow the manufacturers' directions on the safe use of any suspension relief device.

Figure 1**Figure 2**

With the buckle's bent sides upward, thread the Tree Strap end from the bottom between the sewn portion of the Tree Strap and knurled slide bar. Bring the Tree Strap between the knurled slide bar and Insert the Tree Strap between the gnarled slide bar and the end of the buckle.

Figure 3

There should be no slack in the Tether while in the seated position.

Figure 4

Adjust the strap to a length that will allow you to step into it and stand, thus relieving pressure on your body caused by hanging. Always have responsible assistance when testing harness near ground level.

Figure 5**Figure 6**

CARE AND MAINTENANCE

CLEANING

Wipe off all surface dirt with a damp soapy cloth.

Store in a clean, dry space, away from heat and areas where chemical vapors may exist. Avoid storing in direct light to prevent UV degradation.

MAINTENANCE

Do not attempt to disassemble or repair. Only Malta Hunting Safety or entities authorized in writing by Malta Hunting Safety shall make repairs, authorize maintenance, or make alterations to the equipment.

HARNESS LABELS



MALTA

Part # HE2200
Size: S-M

300 LB Maximum
Capacity Rating

WARNING: Failure to read and follow manufacturer's instructions could cause serious injury or death.

WARNING: Failure to discard and remove this FAS device from service after 5 years or less from purchase date or after arresting a fall could cause serious injury or death if purchase date is unknown, the expiration date will revert to 5 years or less from date of manufacture.

MFG. Date _____

Serial # _____

Batch # _____

Purchase Date _____

Malta Dynamics
210 13th Street, Malta, OH 43758
www.maltadynamics.com

MALTA

Part # HE2100
Size: S-M

300 LB Maximum
Capacity Rating

WARNING: Failure to read and follow manufacturer's instructions could cause serious injury or death.

WARNING: Failure to discard and remove this FAS device from service after 5 years or less from purchase date or after arresting a fall could cause serious injury or death if purchase date is unknown, the expiration date will revert to 5 years or less from date of manufacture.

MFG. Date _____

Serial # _____

Batch # _____

Purchase Date _____

Malta Dynamics
210 13th Street, Malta, OH 43758
www.maltadynamics.com

WARNING: Failure to read and follow manufacturer's instructions could cause serious injury or death.

Failure to discard and remove this FAS device from service after 5 years or less from purchase date or after arresting a fall could cause serious injury or death if purchase date is unknown, the expiration date will revert to 5 years or less from date of manufacture.

WARRANTY

The following warranty is made in lieu of all warranties or conditions, whether expressed or implied. This includes the implied warranties or conditions of merchantability or fitness for a particular purpose.

Equipment offered by Malta Dynamics is warranted against factory defects in workmanship and materials for a period of one year from date of installation or first use by the original owner.

LIMITED REMEDY: Upon notice in writing, Malta Dynamics will repair or replace all defective items at Malta Dynamics' sole discretion. Malta Dynamics reserves the right to require the defective item be returned to its plant for inspection before determining the appropriate course of action.

This warranty does not cover equipment damage resulting from wear, abuse, damage in transit, failure to maintain the product or other damage beyond the control of Malta Dynamics. Malta Dynamics shall be the sole judge of product condition and warranty options. This warranty applies only to the original purchaser and is the only warranty applicable to this product. Please contact Malta Dynamics Customer Service Department at 1-800-494-1840 for assistance.

LIMITATION OF LIABILITY: IN NO EVENT WILL MALTA DYNAMICS BE LIABLE FOR ANY INDIRECT, INCIDENTAL, SPECIAL OR CONSEQUENTIAL DAMAGES – INCLUDING , BUT NOT LIMITED TO—LOSS OF PROFITS IN ANY WAY RELATED TO THE PRODUCTS, REGARDLESS OF ANY LEGAL THEORY ASSERTED.





1-800-494-1840
www.MaltaDynamics.com
210 13th Street, Malta, OH 43758